

TIMEPLAN BASSENG UKE 49

| KL. | Mandag | | | | | | Tirsdag | | | | | | Onsdag | | | | | | Torsdag | | | | | | Fredag | | | | | | Lørdag | | | | | | Søndag | | | | | |
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| | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 |
| 07.00 | | | | | | | | | | | | | | | | | | | | | | | | | POOL CLOSED/STENGT | | | | | | POOL CLOSED/STENGT | | | | | | | | | | | |
| 08.00 | HVL | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 09.00 | HVL | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 | 09.00-11.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16.00 | | | | | | | Suppama HIIT 15.30-16.30 | | | | | | Easy swim 16.00-17.00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17.00 | Easy swim 16.30-17.15 | | | | | | Easy swim 16.45-17.30 | | | | | | | | | Easy swim 17.00-17.45 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18.00 | Easy swim 17.30-18.15 | | | | | | Easy swim 17.45-18.30 | | | | | | | | | Easy swim 18.00-18.45 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19.00 | BSI 18.15-19.15 | | | | | | Easy swim 18.45-19.30 | | | | | | | | | Suppama HIIT 19.15-20.15 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 | | | | | | | NHHI 19.30-20.30 | | | | | | BSI 19.00-20.30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 | Aqua intervall 20.15-21.00 | | | | | | Fristuping 20.30-21.30 | | | | | | NHHI 20.30-21.30 | | | | | | UV Rugby 20.30 - 21,45 | | | | | | | | | | | | | | | | | | | | | | | |
| 22.00 | | | | | | | POOL CLOSED/STENGT | | | | | | | | | | | | | | | | | | POOL CLOSED/STENGT | | | | | | POOL CLOSED/STENGT | | | | | | | | | | | |

Åpningstider/opening hours: Mandag – Torsdag kl. 07.00-22.00, Fredag kl. 07.00-21.00, Lørdag kl. 09.00-17.00, Søndag kl. 10.00-19.00

The men's wardrobe closes Monday to Friday at 11.30 to 12.00 due to cleaning.

The women's wardrobe closes every Friday from 12.00 to 12.30 due to cleaning.