

TIMEPLAN BASSENG UKE 49

kl.	Mandag						Tirsdag						Onsdag						Torsdag						Fredag						Lørdag						Søndag											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6						
07.00													Alle kvinner må dusje med badetøy i dusjen i denne perioden grunnet vedlikehold i sauna. <i>All females must shower with swimwear because of maintenance.</i>																		CLOSED/STENGT						CLOSED/STENGT											
08.00							Suppama yoga 08.00-09.00																														1	2	3	4	5	6						
09.00																																																
10.00																															Familie svømming 10.00-12.00						Familie svømming 10.00-12.00											
11.00																																																
12.00	HVL 12.15-15.15												HVL 12.15-15.15																																			
13.00																																																
14.00																																																
15.00																																																
16.00													Suppama HIIT 16.00-17.00																																			
17.00	PT						Easy swim 16.45-19.30																														Fristuping 16.30-17.30											
18.00	Barnehage 17.00-18.00																																															
19.00	Aqua intervall 18.15-19.00																		Suppama HIIT 19.15-20.15																													
20.00	BSI 19.15-20.15																		UV Rugby 20.15- 21.45																													
21.00	BT	SI											NHHI 20.30-21.30												ledig plass på grunna																							
22.00	CLOSED/STENGT						CLOSED/STENGT						CLOSED/STENGT						CLOSED/STENGT						CLOSED/STENGT						CLOSED/STENGT																	

Opening hours: Monday to Thursday 07.00-22.00, Friday 07.00-18.00, Saturday 09.00-17.00 and Sunday 10.00-19.00
 The men's wardrobe closes Monday to Friday at 11.30 to 12.00 due to cleaning. The women's wardrobe closes every Friday from 12.00 to 12.30 due to cleaning.