

# Blokksberg kindergarten



Annual plan 2020-2021

## Blokksberg kindergarten



### ADDRESSES:

Blokksberg barnehage

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Website: [www.sammen.no](http://www.sammen.no)

Head teacher: Mette Christine Presttun

### FRAMES

Blokksberg kindergarten is run in accordance with:

1. Law on kindergartens
2. Framework plan for kindergartens
3. Value- and target document for Sammen kindergartens

Our annual plan builds upon these documents, Our monthly plan and monthly letter describes the activities in relation to the annual plan.

Blokksberg kindergarten consists of two units, Tryllehagen (children aged 0-2 years) and Kadabra (children aged 2-6 years).

Opening hours: am 7.00 - pm 17.00

The kindergarten is closed between Christmas and New Years, Easter Week and week 28, 29 and 30 each July.

Exam guarantee: If you child gets sick the day of your exam, or on a planning day, please contact the head teacher.

The kindergarten has a duty of confidentiality pursuant to the Public Administration Act §13. The duty of confidentiality also applies after completion of work.

Blokksberg kindergarten collaborates with Høyskolen på Vestlandet (HVL). This means that we have students from the kindergarten teacher education

## STAFF

Blokksberg kindergarten has a basic staff of 12 employees, in addition we have a board (head teacher) of 100%. At the units we have six employees with kindergarten teacher education, three skilled workers and three assistants. We are concerned with having a diversity of personalities and gender in the staff group, so that we complement each other and are role models for the children in different ways.

### Kadabra:

Elisabeth – Pedagogical leader  
Mette - Pedagogue  
Simon- Pedagogue  
Kristine - Pedagogue  
Reda - Assistant  
Angelica - Assistant  
Mette Christine –  
Head teacher

### Tryllehagen:

Unni - Pedagogical leader  
Lise – Pedagogical leader  
Mariell – Skilled worker  
Mirjam – Skilled worker  
Grete – Skilled worker  
Jenny - Assistant

We see the staff's competencies as a great resource in the work with the children, and it is important to us that all employees can have the opportunity to co - create in their own everyday lives. We work closely together in teams, and through, among other things, attitude work, we discuss practice and how we want to have it together in the kindergarten. The staff group in Blokksberg kindergarten is characterized by flexible and committed employees who want each other well. This provides a good working environment for both children and adults.

It is important that the staff in the kindergarten show care, are responsive and take the individual child seriously. In the staff group, we want to focus on the adult's role in play and friendship, and the kindergarten's play environment. It is the staff's responsibility that the children have time, space and the opportunity to play. We want play-wise and committed adults who are responsible for supporting the children in the play, helping the children into play and adding new elements to the play.

For more information about the kindergarten, please visit us at:

<https://www.sammen.no/no/bergen/barnehage/blokksberg>

## Usefull information

### Opening hours

- Blokksberg kindergarten is open from am 07:00-pm 17.00.

### Partners

- We collaborate with agencies such as PPS, BUP, the child welfare service, the health station and the ergo / physiotherapy service. We also collaborate with Høyskolen på Vestlandet (HVL) to receive kindergarten teacher students

### Exam guarantee

- In student kindergartens, we have an exam guarantee. This means that if there is no other solution, we will look after the child for you so that you can take the exam. Depending on the situation, a known adult comes to your home, or we arrange for the child to be in the kindergarten. This applies to children's illness or the kindergarten's planning days. Contact the board or educational leader if needed or for more information. Does not apply to this kindergarten year due to Covid-19.

### Lending of the kindergarten

- The kindergarten is usually available for lending, but due to infection control measures, it will not be possible now.

### Food offerings

- The kindergarten usually serves food and fruit to the children, but due to infection control measures, the children will have to bring a packed lunch with them for all meals.
- The parents usually pay NOK 400 in subsistence allowance every month. The amount is determined in SU.

### Holiday closed

- We are closed for holidays during Christmas and the days between Palm Sunday and Maundy Thursday. In the summer, the kindergarten is closed for holidays in weeks 28, 29 and 30.

### Planning days

Our planning days are:

- Friday 14. August
- Monday 7. September
- Friday 9.October
- Friday 6. November
- Friday 14. May

The kindergarten is closed on these dates.

## Blokksberg kindergarten



### Organization of the kindergarten

Blokksberg kindergarten is divided into two bases:

- Tryllehagen 0-2-year olds
- Kadabra 2-6-year olds

Tryllehagen is located on the first floor and Kadabra on the second floor, where you will also find the personnel department with the board's office, meeting rooms, work rooms and break rooms.

### Meal and diet

We want the meals to be characterized by calm, security and overview. Therefore, a number of routines and rituals are associated with the meal. The meal is a social learning situation where you have to relate to the others around the table, wait your turn and send the food around. A meal also contains elements such as independence and mastery of choosing / making your own food.

Due to Covid 19 we do not have food service.

The children have their own packed lunch for every meal.

### Daily rhythm (approx. time)

- 7:00- 9.00 – The kindergarten opens (am 7.00)  
– Breakfast
- 9:00-10:30 – Outdoors/ organized activities (check MyKid)
- 10:45 – Gathering
- 11:00/11.30 – Lunch
- 11:30-14:00 – Rest time/ Playtime outside or inside
- 14:00 – Fruit meal
- 14:30 – Playtime outside or inside
- 17:00 – The kindergarten closes

### Contact information:

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## Miljøfyrtårn

Miljøfyrtårn is a certification scheme and aims to raise environmental performance in small and medium-sized enterprises and public enterprises. Businesses that are certified as environmental lighthouses meet defined industry conditions for working environment, purchasing, energy, transport and waste. SAMMEN aims to become Norway's first environmentally certified community and Blokksberg kindergarten is certified. For more information about the foundation and industry requirements for kindergartens, visit [miljofyrtarn.no](http://miljofyrtarn.no)

Experiences in nature can promote understanding of the uniqueness of nature and the children's willingness to protect natural resources, preserve biological diversity and contribute to sustainable development. The kindergarten will contribute to the children being happy in nature and gaining experiences with nature that promotes the ability to orientate themselves and stay in nature for different seasons.

*"The children shall learn to look after themselves, each other and nature"* (Framework for kindergartens 2017)



## Focus area and Theme work

### Play and friendship

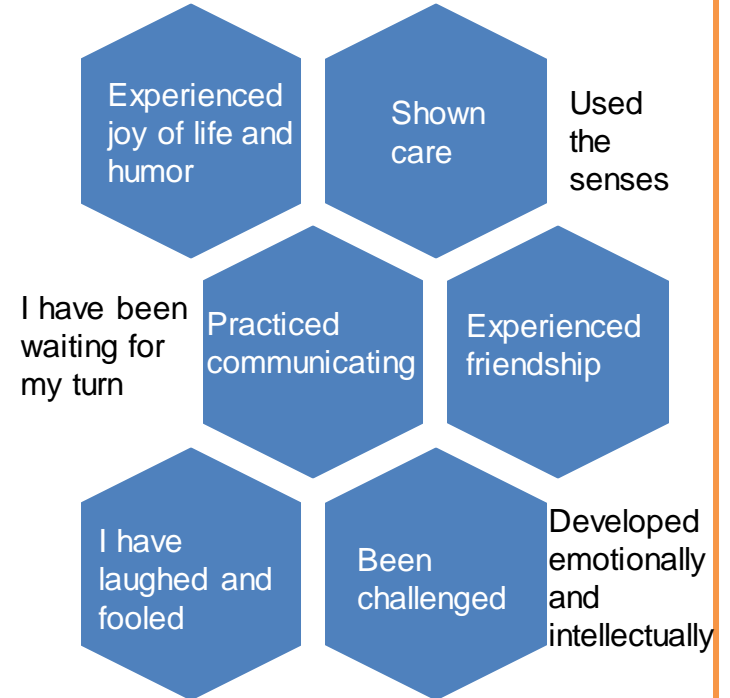
Early experiences with peers are of great importance for children's interaction skills and make kindergarten an important arena for social development, learning and establishing friendships. Social competence is essential to counteract the development of problem behaviours such as discrimination and bullying. The kindergarten has a societal task in early prevention in this area.

Kindergarten day is for children of preschool age a large part of life. The children spend many hours every day with other children. The experience that "someone is waiting for me, because we are going ..." is a driving force and a prerequisite for security, joy and well-being. When children meet children with joy, they receive feedback on themselves and confirmation that "I am important" and that my friend is happy to see me. The unconditional friendship becomes for the child an optimal development zone where the child learns basic human skills for life.

### Play skills

In order to support the child in the play and to develop the child's play competence, the adult will go into the child's premises and contribute to the child mastering various play situations. For example, the child may need help interpreting signals from other participants in the play, understanding what is happening, and gaining an overview of the play. The adult can arrange the play physically and socially so that the child experiences an overview and more easily sees connections in the play.

When your child answers:  
«Today I just played» Then  
your child has:



## Focus area and Theme work

### Life skills and health

The children's physical and mental health must be promoted in the kindergarten. The kindergarten shall contribute to the children's well-being, joy of life, coping and sense of self-worth and prevent violations and bullying. If a child experiences abuse or bullying, the kindergarten must deal with it, stop and follow this up.

The children will receive support in overcoming adversity, dealing with challenges and getting to know their own and other's feelings. The children will have the opportunity for peace, rest and relaxation during the kindergarten day.



### Bubbling joy and suction in the stomach

It is in the nature of children to be exploratory. Children gain self-confidence and courage through mastering challenging and scary things, and they develop a realistic sense of risk. They gain better motor and physical skills. And by playing risky, they learn perception of objects, depth, height, speed and calculations of movement in relation to this. (For example, by moving in the toboggan run when others come sledding down the hill). In addition, children gain good social skills through cooperation, struggle and power, and they get to practice problem solving.





## Child participation

*"Children in kindergartens shall have the right to express their views on the day-to-day activities of the kindergarten" (The kindergarten act, Chapter 2, section 3)*

In Blokksberg kindergarten, children's participation is an important perspective in everyday life.

For us, it is about giving children space to express themselves, listen to, interact and respect each other in a community that includes everyone. All children should experience that their voice is taken seriously and has a meaning in everyday life.

It starts at Tryllehagen with the very youngest, who communicates without speech, but through babbling, body language and facial expressions.

It is crucial for the children that the adults are sensitive and present at the moment for the children's emotional expressions, wishes and needs.

We will give the children support in expressing themselves, becoming visible, having an effect in a social context.

This means that plans sometimes changes according to what the children are interested in.



## Subject areas

The framework plan for kindergartens describes 7 subject areas where the children will have experiences and develop attitudes and skills. All children must be able to experience progression in the kindergarten's content, and the kindergarten must facilitate that children in all age groups have varied play, activity and learning opportunities. In order to maintain a progression throughout the year, we facilitate more structured activities where the children are divided into groups with peers. Through the subject areas, we also work towards the kindergarten's values.

## Communication, language and text

Developing languages is one of the most important things that happens in a child's life. Language gives identity and belonging to a community. With the help of language, the child also learns and understands himself and the world around him, so we facilitate to increase children's skills in listening, understanding and using spoken language:

- Confirm and acknowledge the child with looks, words and tone of voice
- Through body language and movement
- We are linguistic role models for the child by using the language consciously
- We use books, poems, rhythm, song and music

## Body, movement, food and health

The kindergarten will provide the children with varied physical activity indoors and outdoors, a healthy diet and a good alternation between activity and rest. The kindergarten will help the children to feel safe in their own bodies, get a positive perception of themselves and get to know their own feelings. We emphasize the following:

- Stimulation of basic motor skills
- Use and make the child's different senses aware
- Movement in nature and outdoor life
- Healthy and good food
- Rest time for the youngest every day



### Art, culture and creativity

The kindergarten will facilitate art experiences and give the children the opportunity to get to know different forms of expression and different materials.

This is how we facilitate the child's exploration;

- Make room for creative activity
- Have available materials and equipment such as molding materials, costumes and musical instruments
- Communicate that we find the child's expression interesting and exciting
- Appreciate process in front of product
- Experimentation is a prerequisite for development

### Nature, environment and technology

The kindergarten shall contribute to the children gaining knowledge of nature and sustainable development, learning from nature and developing respect and beginning understanding of how they can take care of nature. The kindergarten's digital practice will contribute to the children's play, creativity and learning.

We support this by;

- Be role models by showing respect for what lives
- Marvel at what we see in nature
- Let the child participate and become aware of source sorting and composting in everyday life
- Let the child participate in the work of cultivating and harvesting in the kitchen garden
- Explore the creative and creative use of digital tools with the children.



## Quantities, numbers and shapes

The children are early interested in counting, they explore space and form, and are looking for connections. We want to stimulate interest by:

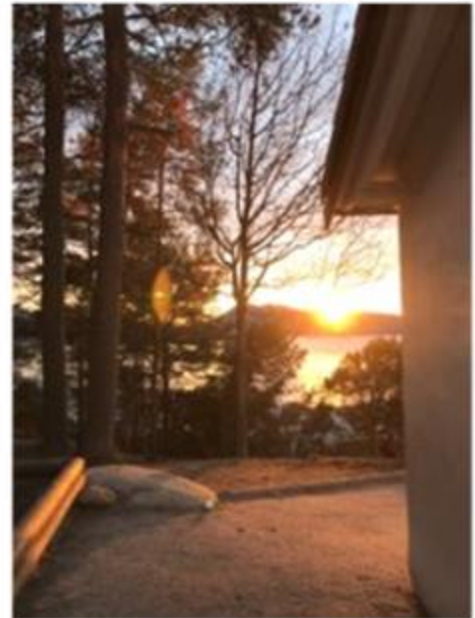
- Use the body and the senses to develop the understanding of space
- Pay attention to the math children express in play and different games
- Make sure that the children use different types of games and toys
- Give the children knowledge of numbers, symbols and letters
- Facilitate children to explore and discover mathematics in daily life



## Ethics, religion and philosophy

The kindergarten will facilitate conversations and wonder about basic questions to stimulate thought, the ability to listen and reflect. We support children's development by:

- Meet the child's thoughts and questions with seriousness and respect
- Show tolerance, interest and respect for each other
- Communicate basic values and norms
- Ensure open communication between parents and the kindergarten about cultural understanding



## Local community and society

The kindergarten will contribute to the child meeting the world with confidence and curiosity. Giving the child a positive experience of being heard, participating and influencing is an important first step in participating in a democratic society.

- We let the child experience participation in everyday life
- We actively explore and use the local environment
- Through play and varied activities, the children will gain experience in listening, negotiating and discussing

## The kindergarten's values

### **Identity and self-esteem**

We help children develop their identity based on a good self-esteem

### **Choises**

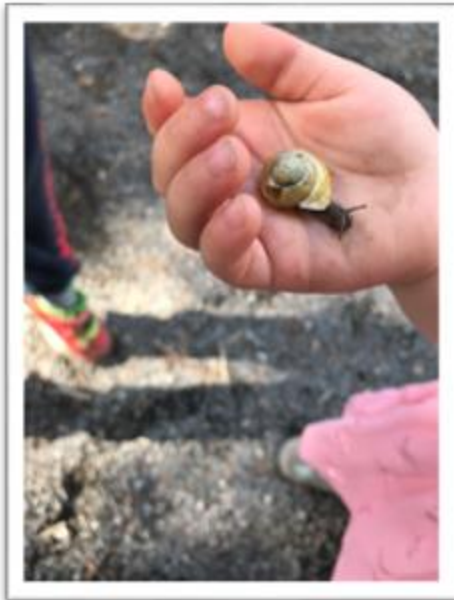
We contribute to the children becoming independent, enterprising and able to make their own choises and contribute to their own everyday lives.

### **Feelings**

We help the child to be able to know, understand and express their feelings

### **Social competence**

We help children be competent enough to assert their opinion and provide space for other's initiatives and reactions in an interaction



## Marte meo – By own power

We work to ensure quality in the child-adult relationship and support children's development.

We use the guidance method Marte Meo in our pedagogical work. The guide uses video where we record children and adults interacting. The film is analyzed and guidance is given based on principles of development support communication. The method is a practical model for developing new skills in daily interaction. In the staff group, we have trained and educated four therapists and will start training the entire staff group.

In the film, we see what promotes a desired development in the child and what provides security and well-being.

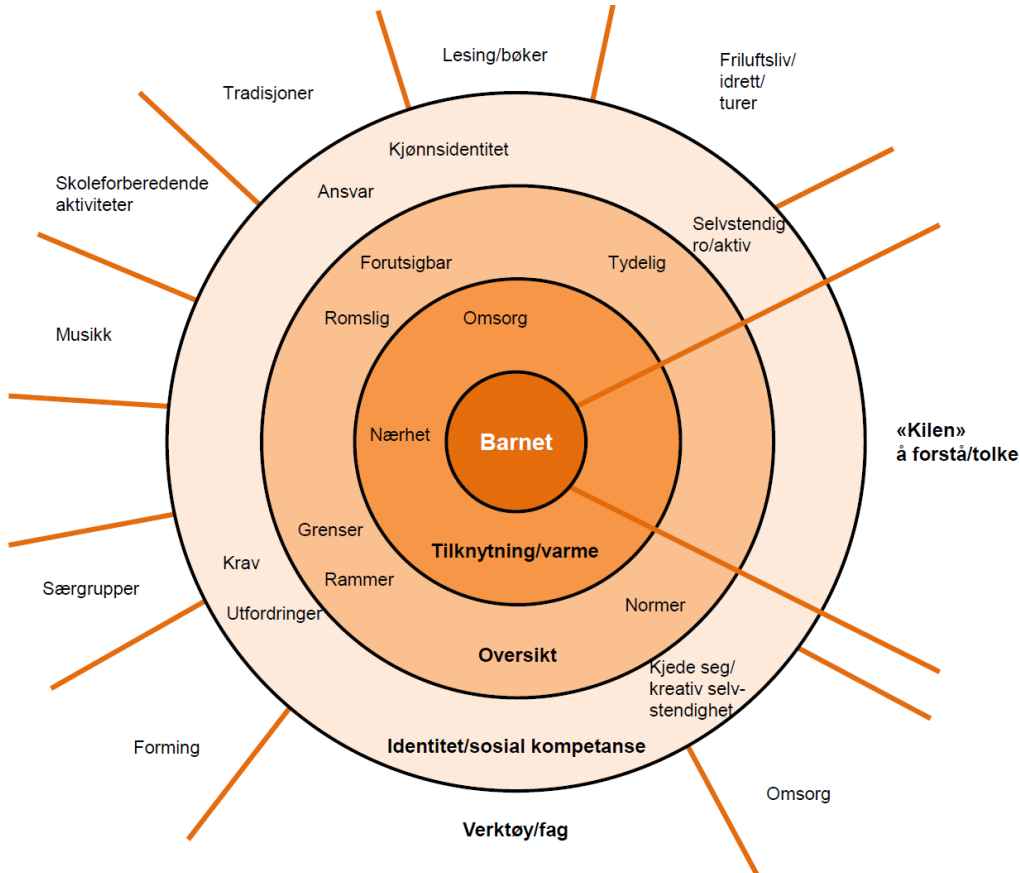


The purpose of using the method in our work is:

- Increased knowledge about interaction/ interaction between children and adults
- Common knowledge of the principles of supportive communication
- Greater understanding of individual children
- Develop the ability to observe in the staff
- Awareness of own behavior/ interaction with children



## THE CIRCLE – A TOOL FOR SAFE ATTACHMENT



### Primary contact

All children get a primary contact when they start in Blokksberg. The primary contact is responsible for receiving children and parents at the start-up. That way, the child and parents do not have to deal with many adults in the beginning. The habituation time will vary in length for each individual child and this is more closely agreed between the parent and the primary contact.

The primary contact works closely with parents and is responsible for introducing the child to the other adults.

The child is at the center, and our understanding / interpretation of the child enters the circle. Where is the child now, what support does he/ she need? The different levels help the primary contact to find the individual child's focus and how he / she can support the child in development. The contents of the innermost circles must be in place in the child before he/ she can enjoy the next ones.

## SCIENCE AND MATHEMATICS



### PEDAGOGICAL DEVELOPMENT WORK

Together with the children, we will experience, explore and experiment with natural phenomena and physical laws.

Discover and marvel at mathematical relationships

Develop an understanding of basic mathematical concepts

## THE ENVIRONMENTAL AGENTS



The children gain knowledge about environmental protection, about the interaction in nature, and gain an understanding of sustainable development. In this way, children can develop positive attitudes, good habits and skills on environmental issues. We believe that this work can help create environmentally conscious children.

## PRESCHOOL GROUP



In the preschool group in Blokksberg kindergarten, the children will experience what it means to be the oldest. The preschool children get their own privileges such as going to «Førskolefjellet», being out for a while alone, helping at Tryllehagen and accommodation in the kindergarten.

The focus in this group will be responsibility and mastery in the social community.

## PHYSICAL EDUCATION

The kindergarten shall be an arena for daily physical activity and promote the children's joy of movement and motor development.

Each group goes for a walk in the local community every week.





April - June

- Planning day 14.May
- Parent conversation
- Parent meeting
- End marking/ sleep over for the preschool children
- Summer gathering/ Heksefest
- Transition talks
- Voluntary work (dugnad)
- Last day open before summer; 9.June

August - October

- Habituation
- Start conversation with new parents
- Parent meeting
- Planning day 14. August
- Planning day 7.September
- Planning day 9.October
- Autumn gathering (Høstfest)
- Voluntary work (dugnad)
- Students from HVL will attend the kindergarten for their internship period

- Evaluation of 1.semester
- Fire drill, first aid and preparedness
- Shrove Tuesday and carnival
- Easter breakfast in the kindergarten
- Students from HVL will attend the kindergarten for their internship period

January - March

November - December

- Planning day 6.November
- Parent conversation
- User survey
- Lucia celebration
- Santa celebration
- Students from HVL will attend the kindergarten for their internship period



Trygge barn gir gode studenter